

Qigong Teachers Training Certificate – Level 3

Pre-Requisites

The Teacher Certificate is awarded after undertaking a 300-hour certification. To become an authorised **Simon Blow Qigong Teacher** and receive an internationally recognised Certificate, successful completion of all the training modules and assessments along with a minimum of 300 hours training is required.

Recognised Prior Learning (RPL)

Formal application for RPL is available and will be assessed on a case by case basis. Recognised certification of other relevant training will be considered (eg TCM theory). Further assessment may be required to ascertain an individual's level of understanding and competence. Acquiring of 90 hours of face to face training with Simon Blow Qigong workshops, study tours, retreats and classes are recognised up to 3 years prior to the start date of the Qigong Practitioner course.

Course Outline

The Teacher Training Certificate will be delivered over a minimum period of 12 months up to a maximum of 3 years from application. In order to accumulate the minimum required hours of practical, theory and experiential self-practise, up to 3-years retrospective experience and training will be considered.

The 300 hours consists of:

- 30 Hour Level 1 Qigong Practitioner Training
- 30 Hour Level 2 Qigong Leaders Training
- 50 Hours Traditional Chinese Medicine Theory
- 90 Hours of face to face training with Simon Blow Qigong. (ie China Study Tour, Classes, Workshops & Retreats).
- 100 Hours Self Practice on established Qigong movements and meditation.

Assessment and evaluation

Original copies of completion certificates, assessment and evidence (ie Log book & Self Reflection Journal) must be presented and viewed by Master Trainer Simon Blow.

It is highly recommended that Simon Blow Qigong Teachers also obtain a:

- First Aid Certificate and
- Certificate IV in Training and Assessment.

A Certificate of **Simon Blow Qigong Teacher Training** will be issued after the successful completion of all modules and assessments.

This course is National & Internationally recognised by

- World Academic Society of Medical Qigong, Beijing
- Shanghai Qigong Research Institute China
- Australian College of Eastern Medicine

Presenter: Simon Blow

Simon has received extensive training and certification from many respected sources: Traditional lineage Grand Masters, Traditional Chinese Medical hospitals and Daoist monasteries in China, Buddhist monasteries in Australia, and Hindu ashrams in India. He has been given authority to share these techniques through his teachings and publications.

Simon has received extensive personal training in the Da Yan Wild Goose Qigong from the 28th lineage holder Grand Master, Chen Chuan Gang, and is an initiated student and 29th Generation holder of this ancient healing art.

He received World Health Organisation certification in medical Qigong clinical practice from the Xiyuan Hospital in Beijing and is a Deputy Secretary of the World Academic Society of Medical Qigong in Beijing. He has also been initiated into Dragon Gate Daoism and given the name of Xin Si, meaning 'Genuine Wisdom'.

Simon has spent quality time on many occasions at the Ramana Ashram in Southern India under the sacred mountain of Arunachala, following the self-realisation practices of Sri Ramana Maharishi.